



OPEN KIDS QUADRATHLON CUP "SOFIA"

7 JUNE 2022, SOFIA, BULGARIA

www.eurocup2022.taekwondo.bg
eurocup2022@taekwondo.bg
Tel.: +359 888 804 402
Tel.: +359 888 640 822

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REGULATIONS

Organizers:

- Sports Association of Ministry of Interior;
- Bulgarian Association of Taekwon-Do (BAT);
- Central Police Taekwon-Do Club;

Time and place:

- 7 June 2022, "Sofia" Sports Hall, Sofia, Bulgaria. Beginning 09:30 hours.

Participation requirements:

- All sports organizations developing Taekwon-Do (with HQ in Lublin, Poland) and all clubs and organizations who received official invitation;
- Competitors – from 8 to 11 years old (on 7 June 2022) and minimum 8 gup;

In Quadrathlon Cup Sofia 2022 will participate children (8-11 years,):

- Individual Pattern;
- Individual Sparring;
- Individual Special Techniques;
- Individual Power Test.





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Registration, weigh in and height check of the participants:

- Registration and weigh-in is mandatory for all competitors, it will take place on 6 June 2022 from 14:00 hours in Park Hotel Moskva***.
- A participant who fails to cover the stated kilograms will not be allowed to participate in Sparring discipline.
- Tolerance – 0.500 kg (dress code – dobok trousers and t-shirt).
- Competitors prove their identity through valid ID card or Passport.

Applications:

- Filled applications (blanks sent by Organizer) are accepted till **01 June 2022** to e-mail: eurocup2022@taekwondo.bg

All competitors must wear official dobok and protection gear from currently approved ITF trade marks.

The organizing Committee will not be responsible for any possible injuries caused during the competition. All competitors must have full insurance coverage by their own organization/country.

Additional information:

- ❖ **Age divisions: 8 years, 9 years, 10 years, 11 years**

1. Pattern

In the Individual Pattern discipline competitors will perform 2 designated patterns randomly chosen by the electronic scoring system, according to the technical degree of the participants.





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Categories:

- 8-7 gup: from Chon-Ji to Dan-Gun;
- 6-5 gup: from Chon-Ji to Won-Hyo;
- 4-3 gup: from Chon-Ji to Joong-Gun;
- 2-1 gup: from Chon-Ji to Hwa-Rang;

* In case of 1 competitor in category the participant will be moved to higher category following age and then degree criteria. Competitor can be moved maximum 2 age groups above its own. A category with two competitors will take place if all of the abovementioned options not applicable.

2. Sparring:

The participants will compete in Individual Sparring discipline according to Taekwon-Do ITF competition rules.

Obligatory protective gear: red or blue gloves, feet pads and helmet (depending on the draw) of approved type and trade mark; groin protector (only for male competitors) – worn under the dobok pant; **transparent** mouth guard;

Optional protective gear: chest protector (only for female competitors) - worn under the dobok jacket, shin guards of acceptable type and material.

Individual Categories:

- **Children (8-9 years)**
Boys (8 years): -25 kg., -30 kg., -35 kg., -40 kg., -45 kg., +45 kg.;
Boys (9 years): -25 kg., -30 kg., -35 kg., -40 kg., -45 kg., +45 kg.;
Girls (8 years): -25 kg., -30 kg., -35 kg., -40 kg., +40 kg.;
Girls (9 years): -25 kg., -30 kg., -35 kg., -40 kg., +40 kg.;
- ❖ **Bouts duration: 2 rounds X 1 min. with 30 sec. break.**





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- **Children (10-11 years)**

Boys (10 years): -30 kg., -35 kg., -40 kg., -45 kg., -50 kg.; +50 kg.;

Boys (11 years): -30 kg., -35 kg., -40 kg., -45 kg., -50 kg.; +50 kg.;

Girls (10 years): -30 kg., -35 kg., -40 kg., -45 kg.; +45 kg.;

Girls (11 years): -30 kg., -35 kg., -40 kg., -45 kg.; +45 kg.;

- ❖ **Bouts duration: 2 rounds X 1,5 min. with 1 min. break.**

* The Individual Sparring discipline will be conducted using the scheme of direct eliminations. In case of only 1 competitor in category he/she will be moved maximum 2 weight categories over his/her own.

3. Special Techniques:

Categories:

Male and female: 8 years, 9 years, 10 years, 11 years,

- *Initial heights for the different techniques:*

	Twimyo Nopi Ap Cha Busigi	Twimyo Dollyo Chagi
Boys 8 years	140 cm	X
Boys 9 years	150 cm	X
Boys 10 years	165 cm	145 cm
Boys 11 years	175 cm	150 cm
Girls 8 years	135 cm	X
Girls 9 years	140 cm	X
Girls 10 years	155 cm	140 cm
Girls 11 years	165 cm	150 cm





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4. Power Test:

Categories:

Male and female: 8 years, 9 years, 10 years, 11 years

- For the Power Test competition will be used dynamometer.
- Techniques – Sonkal Taerigi and Dollyo Chagi.

Final standings and prizes:

- In each of the disciplines, those ranked first to 10th place will receive points, the first receives 10 points and each subsequent one point less. For each age group will be announced and awarded with a special prize of male and female athletes for Quadrathlonist of the tournament according to the collected points from the individual disciplines. If two or more competitors have equal points, the prize is awarded to the one who:
 1. Has more gold medals;
 2. Has better results in Pattern discipline;
 3. Has better results in Sparring discipline;
 4. Has better results in Special Techniques discipline;
 5. Has better results in Power Test discipline;
 6. If none of the above mentioned criteria is applicable a draw will be used.
- Winners (1st, 2nd and 3rd place) in every category shall receive diploma and medal.
- The clubs will be given 1 set of cups for the final complex ranking. It will be determined according to the number of points collected by the competitors from different disciplines.

Coaches:

- All coaches must be familiar with competition rules especially with coach's obligations.
- Official Coaches meeting will be held on 6 June 2022 from 17:00 hours in Park Hotel Moskva***, Sofia.





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Umpires:

- Chief Umpire will be assigned by AETF T&U Committee.
- Official Umpire meeting will be held on 6 June 2022 from 16:00 hours in Park Hotel Moskva***, Sofia.

Participation expenses for the Quadrathlon Cup Sofia:

- Participation fee - 30.00 € per competitor payable cash at registration.
- If participating clubs don't use accommodation through Organizer of the competition they must pay 50.00 € penalty per competitor.
- All other expenses must be covered by participant clubs.

Organizing Committee of

Open Kids Quadrathlon Cup Sofia

